

# Platelet Donors are needed in Wales



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Ymddiriedolaeth  
GIG Felindre  
Velindre NHS Trust

[welshblood.org.uk](http://welshblood.org.uk)

0800 252266

## Platelet Donors are needed in Wales

In addition to collecting whole blood, the Welsh Blood Service also needs to collect platelets.

### What are platelets?



Platelets are a component in blood and are essential to stop bleeding and bruising.

### Who needs them?

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Every single day many patients in Wales rely on platelets, including cancer and leukaemia patients, premature and new born babies and emergency care.

**Platelets can only last for 5-7 days, so this means we are desperately in need of more platelet donors!**

### How do we collect platelets?

The process is very similar to giving blood, it just takes a little longer. We check to ensure the donor is fit and well to donate, blood is drawn through a needle and transferred to a machine which separates the platelets from your blood and your blood is safely returned back to you. The donation takes between 45 minutes to a maximum of 90 minutes to complete.

### Are you able to help?



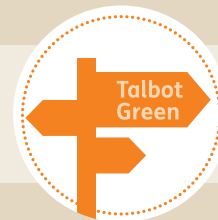
**Over the age of 17 and under 65?**



**Able to spare 2 hours on a regular basis? (platelet donors are able to donate multiple times per year!)**



**Are you generally fit and well, weigh over 9 stone and under 23 stone, and have strong veins?**



**Able to travel to our Headquarters in Pontyclun (M4 – J34)?**

**If you answer yes, you could possibly be a platelet donor.**

***Please take the next step!***

## Lots of ways to get in touch

Speak to a member of staff today!

Alternatively complete and return this form to:

**Donor Recruitment, Welsh Blood Service,  
FREEPOST CF388, Pontyclun, CF72 8ZZ.**

Visit our website [www.welshblood.org.uk](http://www.welshblood.org.uk)

or call us on **0800 252266**.

Full Name (Mr/Mrs/Miss/Ms/Other)

Address:

Post Code:

Home Tel No:

Work Tel No:

Mobile No:

Date of Birth:

Blood Type (if known):

Donor Number (if known):

E-mail:

Date:

We will contact you to arrange an assessment in Talbot Green where our specialist team will check your arm to ensure your veins are suitable due to the different equipment used, and check your own platelet count – to ensure you have enough to spare!

***Donating platelets is similar to giving blood, it just takes a little longer.***



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Platelet donation  
**Welsh Blood Service**  
**0800 252266**  
**welshblood.org.uk**